

Welcome to an array of fantastic Thunder Bay Businesses!

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A Spa for You

Located in the heart of Westfort, A Spa for You offers a tranquil retreat from the busyness of life where you are invited to spend an hour, an afternoon, or an entire day.

With fourteen years of experience in the spa industry, Erika Maki has served as both practitioner and educator. "Expanding my knowledge through teaching is very rewarding" she says. "For the last two years I have brought students with me to Cuba and presented workshops to the spa directors there. In January 2011 we are conducting courses in the Dominican Republic."

Each service on the spa menu has been selected to provide the optimum in relaxation and pampering. In addition to the full range of esthetics including manicures, pedicures, facials and hot stone massage, the spa is adding a new treat: Oriental herbal compress massage. Inspired from ancient Thai therapy, the massage utilizes a compress containing bundled herbs which is applied to the pressure points on the body to alleviate tension.

A Spa for You has plenty of room to accommodate large groups and there is a special room where they hold spa birthday parties for girls. The Sparkle Party has the girls applying sparkle from tip to toe; the Chocolate Lamontagne Party allows the girls to make their own chocolate oatmeal mask, lip gloss and learn how to perform a hand oil massage -



Erika Maki

with chocolate oil, of course! And the Princess Tea Party lets the girls wear their favourite party dress, decorate cupcakes, and play a delightful kiss-the-frog game. What about mom, you ask? Well, the spa is offering a back to school special: mother and daughter can book a half hour massage for just sixty dollars.

There are many reasons to escape to this Thunder Bay oasis where you can indulge, relax and rejuvenate. A place for pampering, a place for a party, and a place for your little princess. Visit A Spa for You today, and make your day, a great day.

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